

WEEK 1

MONDAY

MAINS

Steak Pie
Creamy Vegetable Lattice

GRAB & GO

Pasta Pots
Hot Dogs
Selection of Wraps & Sandwiches

CARBOHYDRATES

Creamed Potatoes

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Fruit Crumble with Custard
Caramel Cookie

TUESDAY

MAINS

Moussaka
Veggie Bolognese

GRAB & GO

Pasta Pots
Calzones
Selection of Wraps & Sandwiches

CARBOHYDRATES

Pasta or Garlic Bread

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Chocolate Concrete with Pink Custard
Krispy Buns

WEDNESDAY

MAINS

Braised Steak in Yorkshire pudding
Macaroni Cheese

GRAB & GO

Pasta Pots
Chicken Wraps
Selection of Wraps & Sandwiches

CARBOHYDRATES

Roast Potatoes
Selection of Bread

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Cornflake Tart with Custard
Flapjack

THURSDAY

MAINS

Chicken Korma
Jacket Potato & Cheese

GRAB & GO

Pasta Pots
Beef or Chicken Burgers
Selection of Wraps & Sandwiches

CARBOHYDRATES

Rice
Naan Bread

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Streamed Jam Sponge with Custard
Butterfly Bun

FRIDAY

MAINS

Battered Fish
Vegetable Curry
Curry Sauce

GRAB & GO

Pasta Pots
Meat Feast Pizza
Selection of Wraps & Sandwiches

CARBOHYDRATES

Chips
Bread cake

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Lemon Drizzle Cake with Cream
Doughnut

WEEK 2

MONDAY

MAINS

Chicken Katsu Curry
Vegetable Lasagne

GRAB & GO

Pasta Pots
Hot Dogs
Selection of Wraps & Sandwiches

CARBOHYDRATES

Rice
Garlic Bread

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Chocolate Sponge with Custard
Cookie

TUESDAY

MAINS

Lasagne
Barbeque Quorn Bites

GRAB & GO

Pasta Pots
Calzones
Selection of Wraps & Sandwiches

CARBOHYDRATES

Potato Wedges
Crusty Roll

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Iced Sponge with Custard
Shortcake

WEDNESDAY

MAINS

Roast Pork
Spaghetti Napolitano

GRAB & GO

Pasta Pots
Chicken Wraps
Selection of Wraps & Sandwiches

CARBOHYDRATES

Mashed Potato, Yorkshire pudding
Crusty Bread

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Chocolate Brownie with Custard
Fruity Flapjack

THURSDAY

MAINS

Italian Chicken Fillet
Vegetable Kiev

GRAB & GO

Pasta Pots
Beef or Chicken Burgers
Selection of Wraps & Sandwiches

CARBOHYDRATES

Herby Potato Cubes

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Caramel Tart with Custard
Oaty Biscuits

FRIDAY

MAINS

Battered Sausage
Cheese & Onion Pasty
Curry Sauce

GRAB & GO

Pasta Pots
Meat Feast Pizza
Selection of Wraps & Sandwiches

CARBOHYDRATES

Chips
Breadcake

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Apple Pie with Squirry Cream
Chocolate Eclair

WEEK 3

MONDAY

MAINS

Hunters Chicken
Tomato & Pesto Pasta

GRAB & GO

Pasta Pots
Hot Dogs
Selection of Wraps & Sandwiches

CARBOHYDRATES

Potato Wedges
Crusty Roll

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Wellie Fudge Pudding with Cream
Cookies

TUESDAY

MAINS

Shepherd's Pie
Quorn Sausage Casserole

GRAB & GO

Pasta Pots
Calzones
Selection of Wraps & Sandwiches

CARBOHYDRATES

Yorkshire Pudding
Herby Potatoes

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Madeline Sponge with Custard
Caramel Shortcake

WEDNESDAY

MAINS

Roast Turkey
Jacket Potato with Cheese & Beans

GRAB & GO

Pasta Pots
Chicken Wraps
Selection of Wraps & Sandwiches

CARBOHYDRATES

Roast Potatoes
Mashed Potatoes

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Syrup Roly Poly with Custard
Apple Slice

THURSDAY

MAINS

Chicken Bites with Sweet & Sour Sauce
Five Bean Chilli

GRAB & GO

Pasta Pots
Beef or Chicken Burgers
Selection of Wraps & Sandwiches

CARBOHYDRATES

Rice
Mini Baked Potatoes

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Gingerbread Pudding with Custard
Rocky Road

FRIDAY

MAINS

Fish Fingers/Cakes
Cheese & Tomato Pizza
Curry Sauce

GRAB & GO

Pasta Pots
Meat Feast Pizza
Selection of Wraps & Sandwiches

CARBOHYDRATES

Chips
Bread cake

VEGETABLES/SALAD

Vegetable choice of the day Salad Selection

DESSERT

Banoffe Pie with Squirry Cream
Yum Yums